

Hands-On Surgical Training — Detailed Day Schedules

All hands-on surgical trainings follow a structured full-day clinical format (09:00–18:00). Online theoretical preparation is mandatory prior to participation.

Earlobe Surgery (Repair & Reduction) — 1 Day

Day 1

- 09:00–09:30 — Introduction, patient review, consent & surgical planning
- 09:30–10:30 — Anatomy, incision techniques, suture materials & scar strategy
- 10:30–13:00 — Live surgery: observation and assisted execution
- 13:00–13:45 — Lunch break
- 13:45–16:30 — Supervised hands-on surgery (participant-led)
- 16:30–17:30 — Postoperative care, complication prevention & documentation
- 17:30–18:00 — Case review & clinical workflow discussion

Upper Eyelid Surgery (Blepharoplasty) — 3 Days

Day 1

- 09:00–09:30 — Introduction, patient selection, consent & expectations
- 09:30–10:30 — Anatomy review, marking principles & complication risks
- 10:30–13:00 — Live surgery: observation & assisted participation
- 13:00–13:45 — Lunch break
- 13:45–16:30 — Assisted surgical steps, hemostasis & closure techniques
- 16:30–18:00 — Postoperative protocol & day evaluation

Day 2

- 09:00–09:30 — Case planning & symmetry assessment
- 09:30–13:00 — Supervised participant-led surgery
- 13:00–13:45 — Lunch break
- 13:45–16:30 — Additional live cases & technique refinement
- 16:30–18:00 — Complication management & decision-making

Day 3

- 09:00–09:30 — Review of postoperative outcomes & follow-up strategy
- 09:30–13:00 — Advanced participant-led cases
- 13:00–13:45 — Lunch break
- 13:45–16:30 — Edge cases, revisions & asymmetry correction principles
- 16:30–17:30 — Clinical readiness assessment & implementation planning
- 17:30–18:00 — Final evaluation

Lip Lift Surgery — 2 Days

Day 1

- 09:00–09:30 — Patient selection, facial analysis & consent
- 09:30–10:30 — Measurements, markings & incision planning
- 10:30–13:00 — Live surgery: observation and assisted execution
- 13:00–13:45 — Lunch break
- 13:45–16:30 — Supervised hands-on surgery
- 16:30–18:00 — Closure techniques, scar prevention & postop protocol

Day 2

- 09:00–09:30 — Case review & refinement of markings
- 09:30–13:00 — Participant-led live surgery
- 13:00–13:45 — Lunch break
- 13:45–16:30 — Additional cases & complication prevention
- 16:30–17:30 — Implementation in own practice & documentation
- 17:30–18:00 — Final evaluation

Professional closure: Each training program is concluded with a reserved dinner, providing space for in-depth discussion, reflection and professional networking.

Completion qualifies participants to start practicing within a clearly defined scope of practice. Full mastery requires continued supervised clinical experience.