

Regenerative Medicine Training (Autologous Therapies)

4-Day Hands-On Program — Day Schedule

This program focuses exclusively on **autologous regenerative treatments**. All materials are derived from the patient's own body. The training runs daily from **09:00 to 18:00**. Completion of the designated online theoretical preparation is mandatory prior to participation.

Day 1 — Blood-Based Autologous Regeneration (PRP / PRF)

09:00 – 09:30 | Arrival, Setup & Case Briefing
09:30 – 10:30 | Indications, Patient Selection & Safety Principles
10:30 – 12:30 | PRP Procedures — Live Demonstration & Supervised Hands-On
12:30 – 13:15 | Lunch Break
13:15 – 15:00 | PRF / i-PRF Procedures — Supervised Hands-On
15:00 – 15:15 | Break
15:15 – 16:45 | Workflow Optimization & Multiple Case Exposure
16:45 – 17:30 | Post-Treatment Protocols & Follow-Up
17:30 – 18:00 | Debrief & Clinical Q&A;

Day 2 — Hair Regeneration & Advanced PRP/PRF Applications

09:00 – 09:30 | Arrival & Review of Day 1

09:30 – 10:30 | Hair Loss Assessment & Treatment Planning

10:30 – 12:30 | PRP / PRF for Hair Regeneration — Live Cases

12:30 – 13:15 | Lunch Break

13:15 – 15:00 | Combination Protocols & Injection Strategies

15:00 – 15:15 | Break

15:15 – 16:45 | Hands-On Hair Regeneration Treatments

16:45 – 17:30 | Treatment Intervals, Expectations & Outcomes

17:30 – 18:00 | Case Review & Q&A;

Day 3 — Autologous Tissue Harvesting & Cell-Based Regeneration

09:00 – 09:30 | Arrival & Surgical Safety Briefing

09:30 – 10:30 | Indications for Autologous Cell-Based Regeneration

10:30 – 12:30 | Live Procedures — Trainer Operates, Participants Assist

- Lipoaspiration for MSC harvest
- Scalp biopsy harvesting (occipital area) for hair regeneration

12:30 – 13:15 | Lunch Break

13:15 – 15:30 | Processing Principles

- MSC isolation from lipoaspirate (GCell system)
- Autologous cell processing from scalp biopsy for hair regeneration

15:30 – 15:45 | Break

15:45 – 16:45 | Sterility, Quality Control & Regulatory Considerations

16:45 – 17:30 | Complication Prevention & Patient Safety

17:30 – 18:00 | Debrief & Preparation for Day 4

Day 4 — Autologous Cell Processing & Clinical Application

09:00 – 09:30 | Arrival & Independent Case Planning

09:30 – 10:15 | Harvest Planning & Marking (Participant-Led)

10:15 – 12:30 | Live Harvesting — Supervised Participant Execution

- Lipoaspiration for MSC harvest
- Scalp biopsy harvesting for hair regeneration

12:30 – 13:15 | Lunch Break

13:15 – 15:30 | Cell Processing & Preparation

- MSC preparation via GCell
- Autologous cell suspension from scalp biopsy

15:30 – 15:45 | Break

15:45 – 16:45 | Clinical Application & Injection Techniques

16:45 – 17:30 | Readiness Assessment & Personal Improvement Plan

17:30 – 18:00 | Closing, Certification & Practice Guidelines

Completion of this program qualifies participants to start practicing autologous regenerative treatments within a clearly defined scope of practice. Full mastery requires continued clinical experience and mentorship.