

Hands-On Injectables Training

Two-Day Practical Schedule

Important clarification

This hands-on training focuses on **one specific injectable category per two-day training**. Participants do **not** learn all injectable treatments simultaneously during a single course. Each training is dedicated exclusively to the selected treatment type, such as *Botulinum Toxin*, *Hyaluronic Acid Fillers*, *Radiesse*, *Sculptra*, or *PDRN*.

Combination training across multiple injectable categories is possible only by enrolling in separate two-day hands-on programs, each preceded by completion of the corresponding online theoretical course. For consecutive or combined training days, participants must contact the training provider in advance to discuss eligibility, scheduling, and prerequisites.

Applicable to one selected injectable per course:

- Botulinum Toxin
- Hyaluronic Acid Fillers
- Radiesse
- Sculptra
- PDRN

This hands-on program is part of a structured training pathway. Successful completion of the designated online theoretical course and final assessment is mandatory prior to participation in the practical training days.

Day 1 — Foundations & Controlled Start

09:00 – 09:30 | Arrival & Registration

Coffee and tea · Informal welcome

09:30 – 10:00 | Introduction & Learning Objectives

Course scope · Safety rules · Practical expectations

10:00 – 11:00 | Clinical Anatomy & Safety Zones

Treatment-specific anatomy · Vascular risks · No-go zones

11:00 – 11:15 | Coffee Break

11:15 – 12:30 | Technique & Product Strategy

Product properties · Injection techniques · Live demonstration

12:30 – 13:15 | Lunch Break

13:15 – 15:30 | Hands-On Session I

First injections under direct supervision · One-on-one coaching

15:30 – 15:45 | Break

15:45 – 17:30 | Hands-On Session II

Technique refinement · Case-based guidance

17:30 – 18:00 | Reflection & Q&A;

Key learning points · Preparation for Day 2

Day 2 — Depth, Precision & Clinical Decision-Making

09:00 – 09:15 | Arrival & Recap

Review of Day 1 principles

09:15 – 10:00 | Treatment Strategy & Aesthetic Planning

Indications · Proportions · When not to treat

10:00 – 11:00 | Complication Management (Practical)

Recognition · Step-by-step response · Stop criteria

11:00 – 11:15 | Coffee Break

11:15 – 12:30 | Live Demonstration – Advanced Application

Treatment-specific advanced techniques

12:30 – 13:15 | Lunch Break

13:15 – 15:45 | Hands-On Session III

Increased independence · Personal feedback

15:45 – 16:00 | Break

16:00 – 17:30 | Hands-On Session IV (Assessment)

Complete cases within defined beginner scope

17:30 – 18:00 | Closing & Certification

Individual evaluation · Responsible practice guidelines

Scope of training

Completion of this program qualifies participants to start practicing the selected injectable treatment within a clearly defined scope of practice. Training does not confer full mastery of injectables. Additional injectable categories require separate online and hands-on training.

For combined or consecutive injectable training programs, direct coordination with the training provider is required prior to enrollment.